

APPENDIX I / ANEXO I / ANNEXE I / ANHANG I
FEMALE-MUJERES-FEMMES-FRAUEN
INDOOR HEPTATHLON-HEPTATLON-
HEPTATHLON - SIEBENFKAMPF
2006 WMA Age Factors

DAY 1

AGE GROUP	60 Meter 60 Metros 60 Metres 60 Meters	--Shot Put----Bala---- Poids----Kugel--		Long Jump Longitud Longueur Weitsprung	Pole Vault Garrocha Saut a la Perche Stabhochsprung	AGE GROUP
		3K	4k			
W35-39	1.0000	1.0560		1.0387	1.0981	W35-39
W40-44	.9643	1.1722		1.1023	1.1866	W40-44
W45-49	.9117	1.3173		1.1742	1.2907	W45-49
W50-54	.8645		1.3876	1.2561	1.4148	W50-54
W55-59	.8219		1.5191	1.3502	1.5606	W55-59
W60-64	.7833		1.6782	1.4596	1.7458	W60-64
W65-69	.7482		1.8744	1.5883	1.9808	W65-69
W70-74	.7161		2.1227	1.7420	2.2889	W70-74
W75-79	.6718		2.4468	1.9285	2.7105	W75-79
W80-84	.6291		2.8876	2.2118	3.3226	W80-84
W85-89	.5864		3.5222	2.5931	4.2917	W85-89
W90-94	.5088		4.5143	3.2696	6.0588	W90-94
W95-99	.4071		6.2845	4.4235		W95-99
W100+	.2417		10.3385	7.5200		W100+

DAY 2

(length/ space)	--Hurdles----Vallas----		Haies----Hurden---		High Jump Altura Hauteur Hochsprung	800 Meters 800 Metros 800 Metres 800 Meters	AGE GROUP
	60/8.5m	60/8.0m	60/7m	60/7m			
(first)	13m	12m	12m	12m			
(height)	.840 / 33"	.762 / 30"	.762 / 30"	.686 / 27"			
W35-39	1.0000				1.0408	1.000	W35-39
W40-44		.9155			1.1008	.9722	W40-44
W45-49		.8650			1.1681	.9303	W45-49
W50-54			.8368		1.2442	.8918	W50-54
W55-59			.7903		1.3310	.8356	W55-59
W60-64				.7667	1.4307	.7769	W60-64
W65-69				.7187	1.5466	.7028	W65-69
W70-74				.6763	1.6829	.6355	W70-74
W75-79				.6252	1.8456	.5603	W75-79
W80-84				.5654	2.0431	.4936	W80-84
W85-89				.4867	2.2879	.4296	W85-89
W90-94				.4047	2.6795	.3677	W90-94
W95-99				.3204	3.2656	.3037	W95-99
W100+				.2417	4.1800	.2417	W100+